



National Dex Middle Cup

Resource by WilhelmTheOkay



Table of Contents

Introduction and Rules	3
Resources.....	4
Legal Pokémon.....	5-8

Introduction

Hello and welcome to my resource for the National Dex Middle Cup Metagame! This document will include a list of all legal Pokémon with an example set for each, a Speed Tier, and a Role Compendium.

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Rules:

- All Pokémon must have both an evolution and a pre-evolution
 - All Pokémon must be set to level 50
- All standard Smogon and OU clauses apply

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Banlist:

- Eviolite

Resources

Link to Speed Tier:

https://docs.google.com/spreadsheets/d/1bxlgYHtMn8805y7PboE1_vDMcA95I3cgrpGL2Qy1WAo/edit?usp=sharing

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Link to Role Compendium:

<https://docs.google.com/spreadsheets/d/14ltWNLHOzACtwUI3Plcq u2TRfTWdsO3BCaiY8cz7NZk/edit#gid=0>

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The current version of the Speed Tier and Role Compendium include almost every legal Pokémon. Once a metagame is formed I will make new versions that are less comprehensive but more specific and hopefully useful.













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Let me know about any corrections, additions, or removals I should make!







Legal Pokémon I

GREEN is unreleased

click on the portraits for an example set!











Sprite	Name
	Ivysaur
	Charmeleon
	Wartortle
	Metapod
	Kakuna
	Pidgeotto
	Pikachu
	Nidorina
	Nidorino
	Clefairy
	Jigglypuff
	Golbat


Sprite	Name
	Gloom
	Primeape
	Poliwhirl
	Kadabra
	Machoke
	Weepinbell
	Graveler
	Magnetron
	Haunter
	Rhydon
	Chansey
	Seadra





Sprite	Name
	Electabuzz
	Magmar
	Dragonair
	Bayleef
	Quilava
	Croconaw
	Togetic
	Flaafy
	Marill
	Skiploom
	Ursaring
	Piloswine

Legal Pokémon II

click on the portraits for an example set!






Sprite	Name
	Porygon2
	Pupitar
	Groovyle
	Combusken
	Marshtomp
	Silcoon
	Cascoon
	Lombre
	Nuzleaf
	Kirlia
	Vigoroth
	Loudred













Sprite	Name
	Lairon
	Roselia
	Vibrava
	Dusclops
	Sealeo
	Shelgon
	Metang
	Grotle
	Monferno
	Prinplup
	Staravia
	Luxio

Sprite	Name
	Gabite
	Servine
	Pignite
	Dewott
	Herdier
	Tranquill
	Boldore
	Gurdurr
	Palpitoad
	Swadloon
	Whirlipede
	Krokorok

Legal Pokémon III

click on the portraits for an example set!

Sprite	Name
	Gothorita
	Duosion
	Vanillish
	Klang
	Eeletrik
	Lampent
	Fraxure
	Bisharp
	Zweilous
	Quilladin
	Braixen
	Frogadier











Sprite	Name
	Fletchinder
	Spewpa
	Floette
	Doublade
	Sliggoo
	Dartrix
	Torracat
	Brinonne
	Trumbeak
	Charjabug
	Steenee
	Hakamo-o

Sprite	Name
	Cosmoem
	Graveler-A
	Thwackey
	Raboot
	Drizzile
	Corvisquire
	Dottler
	Carkol
	Hattrem
	Morgrem
	Drakloak
	Mr. Mime-G

Legal Pokémon IV

GREEN is unreleased

click on the portraits for an example set!

Sprite	Name
	Linoone-G
	Sliggoo-H
	Floragato
	Crocator
	Quaxwell
	Pawmo
	Dolliv
	Naclstack
	Tinkatuff
	Arctibax