

In Order of Apperance (Colo.)	Heart Gauge			In Order of Apperance (XD)	Heart Gauge
Makuhita	3000			Teddiursa	3000
Bayleaf	3000			Ledyba	2500
Quilava	3000			Poochyena	2500
Croconaw	3000			Houndour	1500
Noctowl	3000			Baltoy	1500
Flaffy	3000			Mareep	1500
Skiploom	3000			Seedot	1500
Slugma	4000			Spheal	1500
Quagsire	4000			Gulpin	1500
Misdrevus	4000			Spinarak	1500
Furret	5000			Numel	1500
Yanma	5000			Carvana	1700
Remoraid	4000			Shroomish	1800
Mantine	5000			Delcatty	2500
Qwilfish	5000			Voltorb	2500
Meditite	5000			Makuhita	2000
Dunsparce	5000			Vulpix	2000
Swablu	5000			Duskull	2200
Sudowoodo	10,000			Ralts	2200
Hitmontop	6000			Mawile	2500
Entei	13,000			Snorunt	2500
Ledian	6000			Pineco	2500
Suicune	13,000			Natu	2500
Gligar	6000			Roselia	3000
Stantler	6000			Meowth	3500
Piloswine	6000			Swinub	2500
Sneasel	6000			Spearow	4500
Aipom	6000			Grimer	3000
Murkrow	6000			Seel	3500
Forretress	6000			Lunatone	5000
Ariados	6000			Togepi	4500
Granbull	6000			Nosepass	4000
Vibrava	6000			Zangoose	5000
Raikou	13000			Paras	4000
Delibird	7000			Growlithe	4000
Sunflora	7000			Shellder	4000
Heracross	7000			Beedrill	4500
Skarmory	13,000			Pidgeotto	4000
Miltank	7000			Tangela	4000
Absol	7000			Butterfree	4000
Houndoom	7000			Magneton	4500
Tropius	7000			Venomoth	4000

Metagross	15,000			Weepinbell	4000
Tyranitar	20,000			Arbol	5000
Smeargle	7000			Primeape	6000
Ursaring	7000			Hypno	5500
Shuckle	7000			Golduck	6500
Togetic	5000			Sableye	7000
				Dodrio	8000
				Raticate	6000
				Farfetch'd	5500
				Altaria	6500
				Kangaskhan	6000
				Banette	7000
				Magmar	7000
				Pinsir	7000
				Rapidash	6000
				Magcargo	5500
				Hitmonchan	6000
				Hitmonlee	7000
				Lickitung	5000
				Scyther	8000
				Chansey	4000
				Solrock	7500
				Starmie	7500
				Swellow	7000
				Electabuzz	7000
				Snorlax	9000
				Poliwrath	7500
				Mr. Mime	6500
				Dugtrio	5000
				Manetric	7000
				Salamence	9000
				Marowak	6500
				Lapras	6000
				Shadow Lugia	12,000 [1]
				Rhydon	7000
				Exeggutor	9000
				Tauros	9000
				Articuno	10,000
				Zapdos	10,000
				Moltres	10,000
				Dragonite	9000

[1] Shadow Lugia cannot be purified by normal means; only if all nine chambers in the Purify Chamber are maxed out